Rotary (

PINELANDS PAPARAZZI



PRESIDENT

Frank Matose

fmatose@gmail.com

SECRETARY

Peter Sharples

petershrpls@gmail.com

TREASURER

Dez Jansen

dez@vuyainvest.co.za

EDITOR

Tanya Stone

Chartered 6th October 1992



Address
PO Box 428
Howard Place
Pinelands
7405
Meeting Venue
Helen Keller Society
Pinelands
Meeting Time
17h45 for 18h15
Face book page
Pinelands Rotary, Cape

SATURDAY 30th MAY 13th Edition

Town Facebook



Editor:

Tanya Stone Rotary Club of Pinelands



Fellow Rotarians

Level 3 to begin on Monday 1st June.

I am sure most people are relieved with the certain easing of rules.

I have included in this edition a summary of the rules, which kick in from Monday.

The Do's and Don'ts

A bumper issue, including news, opinions, sport news, webinars, environmental articles and entertainment for the children who are not yet attending school in level 3.

Rotary DG David Holtzhausen's weekly newsflash is below.

Have a lovely weekend.

Take care and stay safe



District 9350

Connecting the World" Weekly Newsflash – Covid-19

26 May 2020

A weekly update during this time of crisis By DG David Holtzhausen

And the beat goes on..... (The Whispers – 1979)

Here we are moving forward but it feels like not a lot has changed. Adapting to the new reality is a challenge for most of us, and we all want things to start returning to normal. We all miss our physical meetings.... At least we are able to restock on wine and beer from next week, and places of worship are open again.

Inductions... Inductions and more Inductions

This is the start of our presidential induction season. The opportunity of virtual inductions is that we can connect with more clubs and more events than would be possible in person. Please advise me as soon as your date is confirmed and I will include it in future newsletters so you can attend as many as possible. Please RSVP if you would like to attend – there may be limitations on the number they can accept.

What I have so far:

13 June Helderberg Sunrise 19h00– email alubbe@icloud.com

26 June Windhoek Rotaract – message Daniella Grunewald +27 71 005 7375 Strand 19h00 - email Annelie Rossouw annelie.r@mweb.co.za

27 June Newlands – email

christopher.beech67@gmail.com

30 June: Paarl – email Anne Kruger

annekruger25@gmail.com Constantia 19h30– email Geoff von Klemperer gvk@iafrica.com Claremont 19h00 – email claremontclub@rotary9350.co.za

Training and development

Are you uncomfortable speaking on camera? This is a new environment for all of us, so we can all use help.

Andre du Toit, the Big Positive Guy, has the following offer:

I will be offering the following 1 hour training course called "Speaking on Camera" for Rotarians at no cost. As almost all our meetings have become electronic, it will be most useful to understand the opportunities to run successful meetings as well as avoid any pitfalls.

This 1 hour training on Zoom should equip most Presidents and leaders to be able to effectively run quality meetings and get togethers.

Date: June 3rd Time: 18.30 - 19.30

If anyone would like to attend, please could they email gleniske@gmail.com by Monday 1 June and I will ensure that they receive an invite.

Our response to Covid-19

Lessons from clubs and exchange of ideas
Join us for an interactive discussion on the response
to Covid-19 – hearing from clubs how they are
responding, effective fundraising ideas and plans for
the future

Specific topics to be covered: Fundraising ideas – feedback from some successful efforts Partnerships – how we can be more effective working together Staying connected – the challenge of communication with our members

Saturday 30 May 2pm

https://us02web.zoom.us/j/86561927775?pwd=dE1q QjF4R0dYZIA2U2t3V003VWt6QT09

Meeting ID: 865 6192 7775

Password: 633245

We can accommodate 300 attendees for this discussion

Our Virtual Assembly and Conference

We will open registration for our virtual assembly and conference this week.

The assembly will be on **Saturday 6 June 2020** from 9am till 3pm. The program will be attached to the formal invitation

The virtual conference will be on **Saturday 20 June 2020** from 9am till 3pm, and will then go into the opening of the virtual convention until 4.15pm

Please stay safe, stay connected and let's keep up the great work!
Yours in Rotary

DG David



Coronavirus disease (COVID-19) outbreak situation SATURDAY 30th MAY 2020

Statistics from Worldometer on COVID-19

PLEASE NOTE: Figures are time of publish and fluctuate constantly

6,086,250

Confirmed cases Updated: 30th May

368,459

Confirmed deaths Updated: 30th May

2,697,580

Recovered

Updated: 30th May

215

Countries, areas or territories with cases

Updated: 30th May

UPDATE



SOUTH AFRICA SATRURDAY 30th May 2020

South Africa now has 29,240 confirmed cases.

South African statistics from Worldometer and Department of Health SA

29,240

Positive Cases Identified

Updated: 30th May

611

Deaths

Updated: 30th May

15,093

Recovered

Updated: 30th May

UPDATE AFRICA



SATURDAY 30th May 2020

Africa now has 136,371 confirmed cases.

136,371

Positive Cases Identified
Updated: 30th May

3,938

Deaths

Updated: 30th May

56,797

Recovered

Updated: 30th May

NEWS SOUTH AFRICA



'By Wednesday, I expect effective teaching': Angie Motshekga

BY Naledi Shange TIMES LIVE



The minister has a message for teachers who don't want to return to work. There are eager ones waiting to enter the system, she warns.

Basic education minister Angie Motshekga expressed confidence on Thursday that all teachers where schools had received sufficient personal protective equipment (PPE) would report for duty on Monday.

"They haven't indicated that if all their health requirements have not been met they [will not come], so I don't want to assume they won't. I think they appreciate the importance of them coming to work. If they don't come, I guess the rule will apply," she said, referring to the "no work, no pay" policy. "So if, perhaps, you are too anxious to come to work, it means you have to give the less anxious [a chance to take your place]," she said, adding that there were young, eager teachers waiting to enter the system.

Motshekga was speaking at Seshegong Secondary School in Olievenhoutbosch, near Midrand, which was gearing up to receive just more than 200 matric pupils on Monday.

The minister was taken on a walkabout there and at two other Gauteng schools on Thursday to assess their states of readiness.

The state-of-the-art school was opened by premier David Makhura in November 2017.

Motshekga was told that five classrooms were usually used to accommodate grade 12 pupils. From Monday, this would be increased to 11 to allow for social distancing.

School officials briefed Motshekga on several ways this would be achieved. These included two breaks to ensure the 200-plus pupils were not all out on the school grounds at the same time. Speaking after the visit, Motshekga said for many schools across the country "the most difficult part, which is curriculum management, has been done". "The other parts are just technical," she said.

With matric and grade 7 pupils expected back in class on Monday, Motshekga said she was not expecting lessons to resume immediately.

"Monday and Tuesday will be used for induction and reorientation for teachers and pupils, and distribution of PPEs to the kids," she said, adding that schools needed to ensure each child had textbooks, as sharing would not be permitted. "By Wednesday, I am expecting effective teaching," she said. Schools that have not received all their materials and PPE will not be allowed to reopen on Monday.

Motshekga said auditors would be deployed to all schools to assess and ensure readiness.

All the rules churches, mosques have to follow when they reopen in June

By James de Villiers News 24

President Cyril Ramaphosa on Tuesday evening announced that South African places of worship, such as mosques and churches, may reopen under strict conditions during lockdown Level 3 on 1

In a televised address, Ramaphosa said the country has a responsibility to also take care of the spiritual, psychological and emotional well-being of all South Africans.

"We understand the great impact that the closure of places of worship have had on members of the faith community, and that this has worsened the distress of communities who are unable to worship in congregation," Ramaphosa said.

He said religious leaders will, therefore, be recognised as essential religious frontline workers during the national lockdown.

Ramaphosa also called for a day of prayer on Sunday, 31 May, to "come together to pray for the healing of our land and the protection of our people".

Here are all the rules Ramaphosa announced, which places of worship have to follow when it reopens at the beginning of June.

There may be no more than 50 people per service

Ramaphosa said places of worship may reopen subject to strict restrictions, which he said are absolutely necessary if the country wants to prevent infections from rising.

He said churches, synagogues, mosques, temples and other recognised places of worship may resume services, but these will be limited to 50 people or less depending on the space available.

This includes at the officiating of funerals.

Places of worship will have to introduce physical distancing rules

Physical distancing will have to be observed at all places of worship, Ramaphosa said.

The South African government describes physical distancing as approximately two metres distance between people.

Everyone attending a place of worship will have to wear a face mask

Ramaphosa said that, in line with current regulations, all worshippers and participants at a place of worship will have to wear face masks.

All places of worship will have to be thoroughly cleaned

All religious organisations must put protocols in place to, among other things, thoroughly clean and sanitise places of worship before and after services, Ramaphosa said.

All religious practices which place people at risk should be avoided

Ramaphosa said faith communities should avoid any religious rituals that carry "even the slightest possibility of exposing worshippers" to Covid-19.

He said if the ritual is an essential part of the religious practice, sanitisation is paramount.

LEVEL 3

THE DO'S AND DON'TS

A summary of the rules, which kick in from 1st June 2020

READ - DETAILED VERSION

















HOTSPOTS

As the whole country moves to level 3, there will be constant assessment of each and every area and its rate of infection, in which case, further containment measures and restrictions may be considered. If the spread of the infection is not contained despite the above mentioned interventions, government will make a determination on whether to return that specific area, (i.e. metropolitan, district, sub district, ward) to alert level 4 or 5. This will be done rapidly and in an effort to contain and manage the spread, and also to ensure that our health facilities are not overwhelmed by the rapid rise of positive cases in that area.

How to protect women from violence under lockdowns? Send cash.

BY YVONNE JOOSTE **African Arguments**



Violence against women and children has increased due to a range of factors in South Africa and elsewhere.

Domestic abuse has spiked under COVID-19. Cash transfers are no panacea, but they've been shown to reduce violence and can be adapted.

Social workers were used to receiving distressing calls before the COVID-19 pandemic. But since South Africa imposed a lockdown on 24 March, the sheer volume of calls and messages to the gender-based violence command centre in Tshwane has skyrocketed.

In the first four days of the national lockdown, calls doubled and data free messages increased more than tenfold. The centre now receives up to 1,000 calls a day from women and children reporting trauma and abuse. The government said last week that gender-based violence has continued to rise as the lockdown goes on.

South Africa had been grappling with violence against women long before the pandemic. The country's murder rate for women is the fourth highest in the world and nearly five times the global average. However, the pandemic here and many other places has made matters worse.

As the Centre for Global Development explains, a variety of factors may have contributed to a spike in domestic violence. Women and children are more exposed to perpetrators under lockdown. Abusers may exhibit more controlling behaviour due to their loss of feelings of power. And increased food insecurity and other sources of stress may be exacerbating difficult living situations.

Pandemics can also contribute to dangerous coping strategies such as substance abuse, taking on debt and transactional sex, which can make violence against women and children more likely. Meanwhile, the breaking down of normal social relations can lead to increased family separation and an uptick in intra-familial abuse.

Tried and tested

On 1 May, South Africa began to ease some lockdown measures, but many restrictions will continue for some time both there and in many other countries across Africa and the world. Under these circumstances, there are various actions governments can take to better protect women and children. These include expanding shelters and temporary housing; increasing the staffing of response hotlines and outreach centres; and fostering social support networks.

In all this, however, one particularly promising intervention could come in the form of expanding economic safety nets through cash transfers. These programmes have already been shown to be correlated to a decrease in domestic violence. This has been the finding of studies from Latin America and sub-Saharan Africa, while a World Bank review of 22 different studies in 2018 similarly found that most cash transfer programmes lowered the rate of intimate partner violence.

This could be for a variety of reasons. Cash transfers are widely used as a policy tool for alleviating poverty and food insecurity. However, when given directly to women, they can have the added effect of changing power dynamics within a household. A study in Ecuador found the key factors that led to a decrease in gender-based violence included: decreases in poverty-related stress, leading to fewer arguments and less need for women to ask men for money to buy food; and increases in women's empowerment, which improved their bargaining power, self-confidence, and freedom of movement.

Cash during COVID-19

Cash transfers could be a crucial tool in reducing gender-based violence during COVID-19 too, though under these specific circumstances, it might necessary to introduce new systems of distribution and criteria for qualification. These will have to be designed carefully for each context and be as responsive to women's needs as possible.

The mechanisms for delivery will also need to be thoughtfully considered. In South Africa, for example, most women have access to mobile phones, while ATMs are readily available in towns and cities. This could allow for smaller but more frequent and easily accessible transfers. These delivery mechanisms would also allow recipients to receive cash closer to their homes, reducing the need to travel and the risks that come with that.

For those without access to these technologies, special assistance will be required.

One particular advantage of gender-sensitive cash transfers during COVID-19 is that it can help circumvent some of the problems observed with food distribution schemes. In South Africa, there have been reports of corruption in the allocation of food parcels at the local level, with some councillors selling items or favouring family and friends. Cash transfers reduce the opportunity for those in positions of power to use controlling behaviour or take advantage of women and children in need.

Cash transfers are by no means a panacea. Like all actions to protect women and children during the pandemic, they would merely be part of a much larger and more comprehensive strategy needed to mitigate the increased risk of violence.

Nonetheless, sending money could make the crucial difference to many vulnerable women.

Such programmes are needed urgently. As the Centre for Global Development says, if governments and the international community do not act soon, "women and children will pay the price, both now and in the future".

Sassa tells frustrated R350 relief grant applicants to 'give payment process more time'

BY UNATHI NKANJENI TIMES LIVE



The SA Social Security Agency (Sassa) has asked recipients who have not received their R350 Covid-19 relief grant payment for May to wait a little longer.

This comes after frustrated recipients questioned the agency on why it issued a payment schedule for its other grants in June, instead of first addressing the burning issue of payments for this month.

The R350 social relief grant is meant for unemployed citizens and qualifying foreign citizens during the lockdown.

Addressing the issue, Sassa told those who have not received payments that they may have to wait a little longer.

The agency apologised for the delays, saying that not all payments went through the same day, but they will go through at some point this month.

"Payments were made from May 15, meaning not all payments will go through today but certainly this month.

"If you have gone through the application process, please wait for a response from Sassa. It takes a bit of time but you will be contacted. We will revert back to you whether your application is successful or not."

On Monday, Sassa apologised after only 10 people were paid the R350 relief grant.

In a statement, Sassa spokesperson Paseka Letsatsi said Sassa CEO Totsie Memela extended an "unreserved apology to those inconvenienced by the slower than expected process". Letsatsi said that the 10 people were used "to test the efficacy of the payment mechanism".

"These delays proved to be worth it, given the number of applicants that could be excluded during the process as they are either in receipt of social grants or UIF, two factors which expressly disqualify applicants from receiving this grant," he said.

Technical glitches continue to plague UIF Covid-19 relief system

Less than five days to month-end and system is still down for the month of May

BY UNATHI NKANJENI TIMES LIVE



Technical glitches on the Unemployment Insurance Fund's (UIF's) website are causing frustration as many people have not been able to submit claims to its Covid-19 relief fund.

Online, many South Africans and qualifying foreign citizens have expressed frustration after experiencing system glitches while trying to submit claims for May via the website's online portal.

According to the website, applications for this month have been put on hold.

"We have not started accepting temporary employer-employee relief scheme (Ters) applications for May yet. Kindly keep visiting our website for the latest updates for when we start accepting applications," the site read.

According to a BusinessLIVE report, the uFiling website has not been working properly since it was relaunched on April 1.

Makhosonke Buthelezi, the UIF's director of communication and marketing, said the uFiling website was working, but had "some challenges" which the labour department hoped to resolve by the end of the month.

Buthelezi advised that employers and employees should submit their queries to ufilingsupport@uif.gov.za. However, he warned "it may take a while before they get a response due to a number of queries".

Last week, labour minister Thulas Nxesi said the department would investigate the due diligence of Covid-19 Ters benefits to avoid processing fraudulent claims.

During a virtual committee meeting on Wednesday, Nxesi said suspicious claims are being subjected to forensic audits where foul play is suspected.

"With these huge payments, inevitably you will attract criminals and companies colluding with employees to try and fleece the coffers. We will be engaging the services of the auditor-general and auditing firms to ensure we comb through all the payments", Nxesi said.

Covid-19 relief funds were set up for employers who were most affected by the lockdown.

The labour department said since April 16, the UIF has paid out more than R11bn.

This includes benefits for more than 2-million workers and more than 161,500 companies that launched claims on their behalf.

Western Cape mulls Level 3 balancing act

By Suné Payne **The Daily Maverick**



During the Western Cape legislature sitting two key themes were raised: the reopening of schools and the tourism industry.

"If this was solely a health response and there was no other issue on the other side... you could stay in lockdown much longer... well, it's not," said Western Cape Premier Alan Winde on Thursday 28 May during a virtual sitting of the provincial legislature.

From next week, the province, along with the rest of SA, will move to Alert Level 3 of the lockdown regulations, and members of the legislature want to know what the plans are to keep residents safe while there is a risk of contracting the virus. This as the province said Thursday that it had recorded 17,286 confirmed Covid-19 cases with 9,157 recoveries and 403 deaths. Winde warned that the number could double in the next two weeks.

During the legislature sitting two key themes were raised: the reopening of schools and the tourism industry. With its pristine beaches, mountains and beautiful wine estates, the province has long been a tourist destination. The MEC for Finance and Economic Opportunities, David Maynier, answered questions related to this key revenue spinner for the province.

Maynier said 103,000 jobs in the tourism sector had been lost in the province due to the lockdown. Tourists are unlikely to travel any time soon, because of the risks of contracting the virus as well as the restrictions on travel, said Maynier, and as a result, there will need to be a focus on domestic travel for tourism.

Ultimately, the goal is to "open up the tourism sector – of course, in a responsible way". Previously, Maynier said there were discussions in tourism ministerial committees on the reopening of certain tourist and entertainment attractions under Level 3 lockdown restrictions.

READ MORE

INSIDE THE COVID-19 FIELD HOSPITAL AT CTICC

By Kaylynn Palm
Eye Witness News

It would provide 850 much-needed beds to the province's health system as the outbreak worsens.



Western Cape Premier Allan Winde on 25 May 2020 examined the province's makeshift COVID-19 field hospital at the Cape Town International Convention Centre.

CAPE TOWN - A COVID-19 field hospital being set up at the Cape Town International Convention Centre (CTICC) is coming along nicely.

It would provide 850 much-needed beds to the province's health system as the outbreak worsens.

Walking through one of four wards, hundreds of beds were neatly lined up. One section of the facility was called a "hot area", where patients with severe symptoms would be treated.

The Western Cape Health Department's Anwar Kharwa said: "The CTICC with its IT will be linked with the Tygerberg Hospital emergency management centre. With the doctors based at the centre, there will be a process in terms of screening whether the patient meets the appropriate criteria because we don't what patients to come in, and then they deteriorate."



Premier Allan Winde said teams were hard at work to meet the deadline for the completion of the facility by the first week of June. "You won't come through the CTICC as you would normally do for a conference or jazz festival, you'll come from the back; the ambulance will bring you in," he said.

Covid-19: 300-bed quarantine site opens in Cape Town

By Tammy Petersen News24



Western Cape Premier Alan Winde says he often wakes up in the middle of the night with a knot in his stomach."You wonder if you are doing enough, are you well enough prepared [to deal with the coronavirus]," Winde admitted at the opening of a 300-bed quarantine site in Pinelands on Wednesday.

"We are trying to find the balance while working really hard to make sure that we make the right decisions in our health response and in opening up our economy. This while finding ways to create that new normal."

"We in the Western Cape are under pressure," Winde said, saying the province was seen as the "frontrunner" as it sees the impact of the coronavirus sooner than the rest of SA.

"I think that is an opportunity for our country because at least it's not all happening in one place at once. We can learn, because we are learning right now from other parts of the world. We are teaching each other, in our region and in our country.

"But we have to have that responsibility of making sure that we manage that curve so that we can get to the other side."



Western Cape Premier speaks at the opening of a new 300-bed quarantine site at Old Mutual premises in Pinelands, Cape Town.

On Wednesday, Old Mutual handed over a fully refurbished 300-bed facility. Situated in Forest Drive, Pinelands, the former training centre and club house is located at the MuPine Golf Club.

It was unoccupied and earmarked for possible future repurposing for accommodation for Old Mutual employees.





Economic Cluster Media Briefing held at the GCIS Media Auditorium, Pretoria

By Department of Employment and Labour - 29th May

President Cyril Ramaphosa has announced that the country will be moving to Alert Level 3 of the Lockdown from June 1, 2020. This means that a lot more people will be going back to work. In the face of the pandemic, there are important actions that need to be taken to make sure that we reduce exposure to COVID-19.

We have therefore – in consultation with all the social partners at Nedlac – drafted amendments to the directive issued on the 29 April 2020, when we moved to level 4.

In terms of the draft amendments, employers who will be reopening their businesses in terms of Alert Level 3 will be required to do the following:

- appoint a COVID-19 compliance officer,
- undertake a risk assessment of the workplace,
- and develop a plan for the return to work.
- This must be done before re-opening their businesses in consultation with representative trade unions and health and safety committees.

Key draft changes are:

- The obligations of employers to employees who have comorbidities, or are over 60 years of age, have been clarified because of medical evidence that they are more vulnerable to COVID19 complications or death.
- Workers who have had close contact involving a high risk of transmission with a worker – or workers – diagnosed with COVID-19 must be placed on 14 days quarantine with paid sick leave. Department of Health guidelines set out the procedure for assessing the risk of transmission.
- The requirements that all persons must wear masks in the workplace and that each employee must be given, free of charge, at least two masks are retained. The requirement to wash masks at work has been removed after feedback from trade unions.
- The draft Direction clarifies that employees have a right to refuse to work if they have a reasonable belief that the necessary precautions have not been put in place to prevent the transmission of COVID-19. Where such disputes arise, employers should seek to resolve these as quickly as possible. If the dispute leads to a dismissal or other unfair labour practice, these cases may be referred to the CCMA (Council for Conciliation, Mediation and Arbitration.)
- The Direction also clarifies that employers may not deduct the cost of Covid-19 precautions from employees' wages or require them to pay for these.

These draft amendments to existing directives, will be finalised and published, upon approval.

READ MORE

Cape Town gets a drive-in cinema - with an LED screen for daytime watching

By Kabous le Roux CAPE TALK



Initially, it'll allow up to 150 cars, says Mother City Drive-In co-founder Lyle Masters.

Cinemas remain closed in South Africa and much of the world and, once they reopen, people aren't likely to come back in large numbers.

It is, therefore, unsurprising that <u>drive-in cinemas are making a</u> <u>comeback in the United States</u>, and South Africans – at least those in Cape Town – will soon join the fun.

Clement Manyathela interviewed Lyle Masters, cofounder of Mother City Drive-In.

"We've been playing with this idea for a long time... the pandemic forced us to put our events on hold and prioritise this."

"Technology has come a very far way since the driveins that we used to know... We use LED screens so we can show movies while the sun is up."

"Initially... we'll have 100 to 150 cars..."

"We want to have themed nights... we'll [also] show modern ... and locally produced films... We're not only doing film... there are opportunities for bands, DJs, singers, comedians and food trucks to make a bit of income during these tough times."

Lyle Masters, co-founder - Mother City Drive-In

The news was announced via its Facebook page, and while it remains a mystery when locals will be able to watch a good flick from their cars, the news is exciting nonetheless.

By Lucinda Dordley
Cape Town Etc

According to <u>CNN</u>, outdoor cinemas are popping up across the US from Miami, to Florida, to New York. **By** Leandra Engelbrecht

Channel 24

Non-contact sports allowed but because the beaches are still regulated, Bapela says surfers must have permits to access the beach.

By Barbara Friedman CAPE TALK

Refilwe Moloto talks to Deputy Minister of Co-operative Governance and Traditional Affairs Obed Bapela about some of the main points coming out of Thursday's briefing by members of the National Coronavirus Command Council.

He says his main concern is social distancing among South Africans. When the liquor opens next week he urges people to continue to social distance, sanitise and wash hands.

"I hope we don't see long queues of people going to buy liquor, those are my fears and my worries.

Obed Bapela, Deputy Minister

Refilwe asked Bapela to explain the NCC discussion process regarding opening up places of worship.

"Church plays a role in healing the soul, giving council, and for this whole period, the church has not been operating." Priests are now an essential service.

He acknowledges that some churches and other places of worship have decided not to reopen and clergy will visit people in their homes were needed.

Where church buildings are small, he says services will have to be kept below 50.

"But I know our people are eager to go to church and we will see a lot of rules being broken and unfortunately those churches will be closed down."

"The 5km radius for exercise remains, only the hours have been extended from 6am - 6pm."

Local family visits allowed or not?

There was some confusion at the briefing with differing positions from Minister Jackson Mthembu and Police Minister Bheki Cele.

The regulations state in section 33 (4) (b) that the movement of persons is not allowed between provinces, metros, districts and hotspots except for i) moving to a new place of residence and ii) caring for an immediate family member. An affidavit is required.

There will be border posts within metros, he says with police roadblocks within the metros themselves to contain hotspots. The non-contact sports allowed include walking and running but not in groups, he says

"Non-contact sports where you do not touch others like tennis and golf."

He says mass participation sports are not being discriminated against. It is the nature of the sport that is being considered.

And surfing?

He says the sports minister will clarify these details. "Surfing is not a contact sport, but because the beaches are still regulated, and are not opened fully, it means those people must have permits to be accessing the beach."

Fear and the Hope: Come and listen to the Experts, Sunday 31 May 4pm

By Mark Heywood Daily Maverick



Topic THE PANDEMIC IN SOUTH AFRICA – HEALTHCARE, EDUCATION, ECONOMY Date May 31, 2020 Time 04:00 PM in Johannesburg

In the last few weeks many Daily Maverick readers will have become familiar with names of some of the leading lights in our scientific community and their efforts to grapple with the known and unknown of Covid-19 and its implication for prevention, mitigation and care in South Africa. Professors like Shabir Madhi, Glenda Gray, Slim Abdool Karim have become as familiar as names of politicians, the stuff of fierce debates, dinner table conversations and probably even lovers' squabbles.

For those interested in tooling-up on what the experts think, on Sunday afternoon at 4pm the Progressive Health Forum, a network of health activists, clinicians and experts, is holding a colloquium on Covid-19 (<u>registration here</u>). It aims to offer expert input and discussion on some of the most important questions of public policy that face us, as well as to hear directly about the experience of frontline providers of health care in both our hospitals and communities.

Starting with an introduction to the pandemic by Prof Madhi, the colloquium will also look at the vexed issue of how to get the best public-private collaboration of health services, especially in preparation for the anticipated 'surge' in hospitalisations over the next month.

In addition, as schools open their doors for grades 12 and 7 on Monday 1 June and as many businesses resume under level 3 there will be a session on 'Education and schooling in the age of Covid-19' led by education expert Prof Mary Metcalfe; as well as input on the 'economic pandemic' by Wits University Professor Imraan Valodia.

In the age of Covid-19, in a country that boasts being led by science and epidemiology, knowledge and understanding is power. So, on a Sunday evening as we contemplate the last day of levels 5 and 4 of the lockdown, this will probably be a good place to spend your time.

WHAT'S HAPPENING AROUND THE WORLD



Coronavirus: Inside Brazil's slums where COVID-19 is at risk of spreading like wildfire

By Stuart Ramsay Sky News

Brazil is now only second behind the United States as the worst affected country for coronavirus cases.

That is despite the central government and its president, Jair Bolsonaro, continuing to play down the spread and effect of the disease.

The worst hit city in Brazil is Sao Paulo and its enormous favelas are the chief breeding grounds for COVID-19, which has been claiming the lives of around 1,000 people a day across the country - although those official figures are hotly disputed as being too low.

In truth, if the figures are not much worse than that already, then they are likely to become so very soon.

These slums are home to millions. Millions who live with poverty, disease and crime at the best of times - but these are the worst of times.

We were taken inside the Tiradentes favela by a motorbike gang. They provided security. We could not move without them - it is far too dangerous for outsiders.

They call themselves the "Cartel" gang, working the streets of the east zone of Sao Paulo, which has the worst infection rates in the city.

More bans on use of hydroxychloroquine for coronavirus

By Reuters

Belgium, France, Italy and Germany have stopped the use of anti-malaria drug hydroxychloroquine to treat Covid-19 patients. The United Kingdom put a major trial involving over 40,000 healthcare workers on hold a week after it started. The decisions were made after the World Health Organisation suspended its own large trial of the drug on Monday because of mounting evidence suggesting those who received it were more likely to die and have irregular heartbeats. Regulators in several countries allowed the drug to be used as a treatment after early reports suggesting it might help some patients.

READ MORE



The Cartel is modelled on the images of the original Hell's Angels, but they are not a crime gang.

In the absence of effective state aid here, they are the ones delivering food and teaching people how to keep clean, wash hands and stay alive.

Here, the word "angels" to characterise this gang has a completely different meaning. For these communities, they actually are angels.

MORE - WATCH VIDEO

Fear of 'second wave' triggers tighter rules in South Korea

By Reuters

South Korea has reimposed some tough social distancing measures amid fears of a second wave of Covid-19. For the past eight weeks, the number of new infections hasn't passed 79. Restrictions were lifted across the country on 6 May, but new clusters seem to be forming and linking up. The latest cluster has been linked to the distribution centre of an e-commerce company which failed to enforce preventative measures. To limit the spread, major urban hubs have closed public spaces and ensured that employers allow for flexible work plans for at least the next two weeks.

READ MORE

Twitter shares are down 0.9% in premarket trading amid a growing rift between the social media platform and the White House.

By The Guardian

Donald Trump <u>signed an executive order</u> overnight that aims to remove Twitter's protections against civil claims in cases where it acts as an "editor" rather than a publisher. (That came after the company applied a fact-checking label to the president's tweets for the first time.)

Since then, Twitter has hidden one of Donald Trump's tweets behind a warning that it "glorifies violence", further escalating the row with the US president.

That tweet, posted on Thursday night Washington time, warned people in Minneapolis protesting against the killing of a black man, George Floyd, by a white police officer that he would send the military to intervene if there was "any difficulty".

Now, it has emerged that Twitter chief executive Jack Dorsey was informed by staff in advance of the decision to tag the tweet as glorifying violence.

A Twitter spokeswoman told Reuters:

"The decision was made jointly by teams within Twitter, and our CEO Jack Dorsey was informed of the plan before the Tweet was labelled."

Twitter hides Donald Trump tweet for 'glorifying violence'

READ MORE

Bin crew 'thank you' notes adorn wagons

BBC News



Messages thanking waste collectors in County Durham have gone on show on the side of bin wagons.

The County Council said that bin crews had been "inundated" with drawings and letters of appreciation from residents which had helped lift spirits while they have been carrying out collections.

Some of the drawings have now been blown up and displayed on three of the vehicles.

Durham County CouncilCopyright: Durham County Council Councillor Brian Stephens, cabinet member for neighbourhoods and local partnerships, said: "These displays of gratitude for our bin crews really do highlight that good work does not go unnoticed, and that a small gesture, such as a small thank you note, can make a big difference."

Hong Kong: the end of one country, two systems?



By The Guardian

Protesters have take to the streets again, this time over a <u>national</u> <u>security law</u> that is set to be imposed by Beijing. Verna Yu and Lily Kuo look at how the standoff compares with those of Hong Kong's recent history

China's parliament has rubber-stamped a <u>controversial national</u> <u>security law</u> that is expected to be imposed on Hong Kong. The move follows a year of violent protests in Hong Kong and is unprecedented in its scope since the territory was handed over to China from the UK in 1997. Pro-democracy demonstrators fear the legislation will bring the semi-autonomous territory further under Beijing's control.

The journalist Verna Yu has been reporting for the Guardian in Hong Kong and describes to Rachel Humphreys the shock and despondency of Hongkongers as the new laws were announced a week ago. Lily Kuo, the Guardian's Beijing bureau chief, looks at why China has decided to press ahead with this legislation – just as the Chinese government is desperate to recover from the coronavirus crisis and the international community is occupied with its own battle with the virus.

Hospital outbreak delays schools reopening

BBC News



Schools in North Somerset are being asked to delay reopening until Monday 8 June.

It comes as a precautionary measure after an outbreak of coronavirus at Weston General Hospital.

To date, there is no evidence the outbreak has spread beyond hospital staff and patients already identified.

However, North Somerset Council says it is best to wait until all the data has been collected and analysed before schools reopen to wider groups of pupils.

Namibia eases out of lockdown with no deaths yet



By Reuters

Namibia will relax lockdown restrictions on social and economic activities even further from Tuesday 2 June. It has only 22 confirmed cases of Covid-19, 14 recoveries and no deaths as yet.

Nonetheless, Walvis Bay will keep stricter rules after two residents tested positive. From 2 June, most of the country will be able to play non-contact sport, eat in restaurants, return to face-to-face classes and attend gatherings of up to 50 people.

READ MORE

Trump announces he's terminating US relations with the World Health Organization

From CNN's Sarah Moon



President Trump has terminated the partnership between the World Health Organization and the US, according to remarks he made today outside the White House.

Trump blamed WHO's handling of the coronavirus pandemic in China as part of the reason.

"We have detailed the reforms that it must make and engaged with them directly but they have refused to act. Because they have failed to make the requested and greatly needed reforms, we will be today terminating our relationship with the World Health Organization and redirecting those funds to other worldwide and deserving urgent global public health needs. The world needs answers from China on the virus. We must have transparency," Trump said.

Peru reports more than 6,500 new coronavirus cases

From CNN's Claudia Rebaza in London and Taylor Barnes in Atlanta



Doctors look at photos of their colleagues who died of COVID-19 after attending patients during the new coronavirus pandemic in Lima, Peru, Friday, on May 29.

The number of confirmed Covid-19 cases in Peru rose to 148,285 on Friday, a jump of 6,506 from the previous day, according to the country's health ministry.

The country also reported 131 new coronavirus-related deaths, taking the national death toll to 4,230, according to the ministry.

Peru has the second-highest number of confirmed Covid-19 cases in Latin America, following Brazil.

Coronavirus: How lockdown is being lifted across Europe By CNN News

Across Europe, lockdown measures are being lifted cautiously, in phases.

Businesses are reopening and many children are back in school. Here is how Europeans are emerging from life under lockdown.



Face masks are an increasingly common sight throughout Europe

READ FULL ARTICLE

During the crisis, young people are innovating and disrupting. These trends should be supported even after the pandemic.

BY MELANIE PINET, ETHEL BOATENG & PHIONAH SANYU AFRICAN ARGUMENTS



The Ndlovu Youth Choir is one of many groups of young people spreading information about COVID-19.

The world's youngest continent has not been able to avoid the effects of the COVID-19 pandemic. In Africa, where almost 60% of people are under the age of 25, the economy is expected to lose tens of billions of dollars. The risk of food insecurity has increased and the reliance on the informal sector has made many particularly vulnerable.

In the face of these challenges, however, young people have found new ways to survive and transform their lives and communities. In many cases, they have done so by harnessing the power of digital technologies. These innovations have both helped them respond to the current crisis and could shape the future for the better with the right support.

Here are three areas in which young people are utilising technologies in ways that could have positive repercussions going forwards.

- 1) Amplifying action and accurate information
- 2) Innovating businesses
- 3) Digital payments

READ MORE

Protests over police killing break out across US

Death of George Floyd sparks third night of unrest in Minneapolis and other cities.



Protesters outside a burning fast food restaurant in Minneapolis on Thursday night.

By Tim Walker
The Guardian

Demonstrators stormed the headquarters of the Minneapolis police and set the department's 3rd precinct station alight on the third night of protests over the police killing of George Floyd, an unarmed 46-year-old black man. The demonstrations have spread to several other cities, including New York, Chicago, Oakland and Denver, where shots were reportedly fired outside the Colorado state capitol.

Donald Trump attacked the Democratic mayor of Minneapolis, Jacob Frey, on Twitter as "very weak". He described the demonstrators as "thugs" and threatened that "when the looting starts, the shooting starts." Twitter hid that tweet, accusing the president of glorifying violence.

Frey responded fiercely, saying:

Weakness is refusing to take responsibility for your own actions. Weakness is pointing your finger at somebody else during a time of crisis.

The DoJ says its investigation of Floyd's death is a top priority, with the FBI conducting a "robust" inquiry as it emerged that two of the officers involved in the incident had previously been reviewed for their use of force.

SPORT

FOOTBALLDig out your team jersey.



Europe's top soccer leagues have announced their plans to return over the coming weeks. Games will resume in empty stadiums in Spain's La Liga on 11 June, England's Premier League on 17 June and Italy's Serie A on 20 June

MORE DETAILS

Troy Parrott: Tottenham striker has appendix removed and will miss season restart

4 hours ago BBC Sport



Tottenham Hotspur striker Troy Parrott will miss the restart of the Premier League season after having surgery to remove his appendix.

Parrott, 18, is now in recovery and will "return to training later in June", a club statement said.

The Republic of Ireland international was diagnosed with appendicitis after reporting abdominal pains to Spurs medical staff.

Parrott <u>signed a contract extension</u> until 2023 in February. He has made four first-team appearances for Tottenham this season, with his Premier League debut coming against Burnley in December.

Parrott had returned to small group training with his team-mates earlier this week, before the English top flight's provisional restart date of 17 June.

RUGBY Hope for rugby's return to training



The Stormers during a training session

Sports minister Nathi Mthethwa has confirmed that professional athletes who participate in contact and non-contact sport can start training from 1 June.

At a briefing on Saturday, information was provided on return-to-play protocols for all sports as South Africa prepares to move to level 3 of lockdown on Monday.

While there are many questions remaining and areas that still need clarity, Mthethwa confirmed all sporting codes are expected back in training from the start of June.

However, it was reiterated that contact sport is only at training level, with all sporting events organised in a stadium or venue prohibited. 'The announcement of amended regulations under level 3 is indeed going to see the gradual introduction of various sectoral activities, however under strict adherence to safety measures, as outlined under the Disaster Management regulations,' the minister commented.

While various sporting activities will be gradually introduced from June, this will take place under strict conditions. Professional sporting bodies and clubs must also test all athletes and staff before any activities can resume.

'All sport bodies must within 14 days after the publication of these directions, inform the Minister in writing as to the date of resumption and further provide an operational guideline including a guarantee in the form of affidavits related to the testing of all officials,' Mthethwa stated.

Although the local rugby industry will now hope to establish the goahead for players to returning to training, it appears that any matches or competition would only be possible at level one of lockdown.

READ MORE

SPORTS – GLOBAL EVENTS

Coronavirus: News, views and insights during the Covid-19 pandemic

Stay up to date with all the latest developments impacting the global sports industry.

Posted: May 29 2020 **By:** SportsPro



Latest updates: Friday 29th May

SOCCER: La Liga will resume on 11th June with the Sevilla v Real Betis derby, the Spanish government's department for sport has confirmed.

SOCCER: Up to six **Premier League** games are set to take place at neutral venues at the request of local police forces. Those matches include; Manchester City v Liverpool; Manchester City v Newcastle; Manchester United v Sheffield United; Newcastle v Liverpool; Everton v Liverpool; and the game in which Liverpool could win the league.

SOCCER: The quarter-finals of the **FA Cup**, English club soccer's top knockout cup competition, have been rescheduled for the weekend of 27th-28th June, with the semi-finals now set for 18th-19th July. The final will be held on 1st August.

SOCCER: Italy's top-flight **Serie A** will resume on 20th June following approval from the Italian government. The **Italian Football Federation (FIGC)** will now decide on the time frames for league games, but it is expected that teams will play every three days across three different time slots.

SOCCER: Japan's top-flight **J.League** will resume on 4th July. Clubs will initially play nearby opponents in order to minimise travel, while other countermeasures will be put in place in order to reduce the risk of infections.

CRICKET: Cricket Australia (CA) has asked the International Cricket Council (ICC) to postpone this year's men's Twenty20 World Cup for 12 months, according to an email leaked to the Times of India.

CRICKET: The **England and Wales Cricket Board (ECB)** has extended the shutdown on domestic cricket until at least 1st August. Options for playing domestic first-class and limited-overs competitions later this summer will be presented to the national governing body in June.

HORSE RACING: Newcastle will be the first British racecourse to host fixtures when racing resumes, pending official confirmation from the UK Government, on 1st June.

HORSE RACING: Scottish Racing is in talks with the Scottish government about resuming the sport behind closed doors in June. The first event set to return is a meeting at Ayr on 22nd June, followed by two at Hamilton on 24th and 28th June.

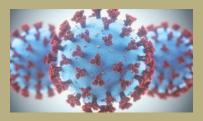
ATHLETICS: The **Boston Marathon** has been cancelled for the first time in its 124-year history, having initially been postponed from 20th April to 14th September.

GOLF: The **John Deere Classic** has become the first event on the **PGA Tour**'s revised schedule to be cancelled due to coronavirus. The tournament had been due to take place at Illinois' TPC Deere Run from 9th to 12th July, but restrictions in the state currently ban gatherings of more than 50 people and are expected to remain in place in July. The PGA Tour is looking to fill the now vacant slot with a new event.

MOTORSPORT: MotoGP's British and Australian races have been cancelled, bringing the total number of races called off in 2020 up to five. The two events had been scheduled for 30th August and 25th October respectively.

COVID-19 ARTICLE

What's the Herd Immunity Threshold for the COVID-19 Coronavirus?



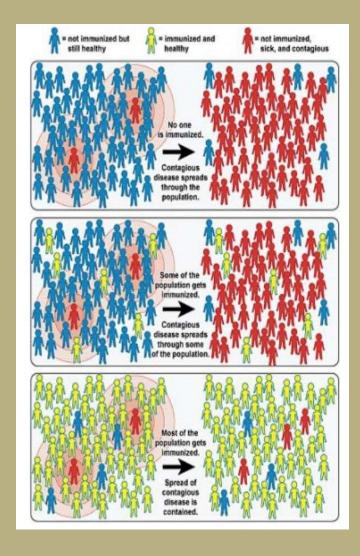
RONALD BAILEYBy Reason.com

"About 30 percent of people in <u>Stockholm</u> have reached a level of immunity," Sweden's ambassador to the U.S. <u>told</u> NPR on April 26.

"We could reach herd immunity [to the coronavirus] in the capital as early as next month."

The comment turns out to have been a bit hasty: The report on the city's infection rate that the ambassador seems to have been referencing had already been withdrawn without explanation four days earlier. But the larger issue of herd immunity remains important.

Herd immunity is the resistance to the spread of a contagious disease that results if a sufficiently high proportion of a population is immune to the illness. Some people are still susceptible, but they are surrounded by immune indviduals, who serve as a barrier preventing the microbes from reaching them. You can achieve this through either mass infection or mass vaccination.



Until there is an effective COVID-19 vaccine, the only way to achieve herd immunity would be to allow the microbe to infect enough people to form that barrier protecting the susceptible. The breadth of the barrier required to achieve herd immunity depends in large part on just how contagious a specific disease is. For example: In a susceptible, unvaccinated population, each measles carrier will infect an estimated 12 to 18 other people. In the nomenclature of epidemiology, the basic reproduction number or R0 ("R naught") of measles is 12 to 18.

ENVIRONMENT TOPICS AROUND THE GLOBE



World Environmental Day - 5th June



World Environment Day is held each year on June 5.
It is one of the principal vehicles through which the United Nations (UN) stimulates worldwide awareness of the environment and enhances political attention and action. World Environment Day promotes ways to improve the Earth's environment, such as conserving forests.

Events from May 30th

Browse through an extensive list of events hosted by UNEP and supporters, featuring high level speakers, expert panels, virtual tours of products and places, Goodwill Ambassadors, Young Champions of the Earth, film screenings, music sessions and other events taking place in Colombia, the World Environment Day host country.

As the schedule expands, view, bookmark or add interesting sessions to your calendar.

VISIT

Major climate crisis summit postponed by a year

Reporting by Kate Abnett in Britain and Valerie Volcovici in Washington

By Reuters

The United Nations has resorted to delaying the COP62 summit from November 2020 to late 2021. The summit has been earmarked as the most important climate crisis summit since the 2015 meeting which produced the Paris Agreement.

It was supposed to act as a deadline for governments to commit to increasing the pace of cutting emissions in order to reach the goals set out by the Paris Agreement. Nonetheless, some officials urged that the postponement of the conference should not affect the resolve of countries to strive for the goals.

"The postponement of the COP should not affect the resolve of countries to deliver on these commitments in 2020," said Sonam Wangdi of Bhutan, a member of the LDC bloc.

This year's COP26 summit was supposed to serve as a deadline for governments to commit to the more-aggressive emissionscutting goals needed to deliver the Paris Agreement's target to cap global temperature increases at 2 degrees Celsius and aim for 1.5 degrees Celsius above pre-industrial times.

Current pledges put the world on track for roughly 3 degrees Celsius of warming this century. Scientists say that level would have severe consequences for sea-level rise, extreme weather events and mass migration as people flee regions where the local climate becomes uninhabitable. (Reporting by Kate Abnett in Britain and Valerie Volcovici in Washington; Editing by Cynthia Osterman and David Gregorio)

Progress with the Marion Island Mouse Eradication Programme reported to ACAP





By ACAP
(Agreement on the Conservation of Albarosses and Petrels)

At this week's meeting of ACAP's Population and Conservation Study Group in Floreanópolis, Brazil, South Africa reported yesterday on progress with plans to eradicate introduced House Mice Mus musculus in 2021 on its sub-Antarctic Marion Island. The mice have taken to attacking albatrosses and petrels in the last few years. Summarized details of activities undertaken over the last 12 months or so follow, updating those given in Preston et al. 2019.

Island pest eradication expert Keith Springer from New Zealand accompanied last year's annual relief voyage to Marion in April/May and subsequently produced draft project and operational plans for the eradication, building on John Parkes' feasibility report published in 2016. These two plans are not yet publicly available.

Bait uptake trials to demonstrate that all mice will eat bait, including trials to ensure mice in caves are reached by aerial baiting, were undertaken by Andrea Angel of BIRDLIFE SA and Peter Ryan of the University of Cape Town's FitzPatrick Institute of African Ornithology during the relief. Husbandry trials to assess the feasibility of taking Lesser Sheathbills Chionis minor into captivity were also undertaken. Preliminary results suggest that it will be very challenging to keep a large number of sheathbills in captivity during the eradication attempt, according to the FitzPatrick Institute's Annual Report for 2018.

During the year studies assessing the start and end of mouse breeding across an altitudinal gradient, bait preference and toxicity trials, and monitoring cloud heights through the proposed winter baiting window were undertaken by environmental officers on the island. Toxicity trials for mice on Marion Island were repeated and it was found that all mice died even at relatively low doses of brodifacoum.

Autumn surveys were conducted for the fourth successive year to monitor the spread of mouse attacks on large chicks of globally Endangered Grey-headed Thalassarche chrysostoma and sooty albatrosses Phoebetria spp. at Marion Island.

In 2018 the Rotary Club of Pinelands and the Rotary Club of Newlands sponsored 1 hectare each.

DONATE



Inspiring Family Exploration

At home for a while with your kids (those not attending school yet)? Don't want their brains to go stale? We've got you covered. Here are quizzes, videos, science experiments, and even at-home classroom resources.

GO TO NATGEO SITE

SOMETHING TO SMILE ABOUT

Written by Stephan Pöltner

A few weeks later my mother made gyulas and the smell crept enticingly through the house.

But my mother, although having Hungarian relatives, made her gyulas edible for my nieces as well, in other words: it looked like gyulas, it also tasted like gyulas but it definitely lacked Hungarian charisma, meaning it was hot only as concerns the temperature.

My mother kept the gyulas simmering and went to the bakery to get fresh handmade rolls (an absolute must with gyulas) and my father took this opportunity to check the gyulas. He tasted it and found it lacking 'character', subsequently he added three chillies



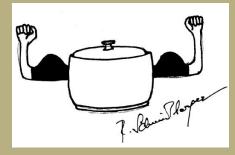
and moved back to the drawing room in his wheelchair.

At this moment my brother Günther, following the directions his nose gave him, came and tasted the gyulas, found it lacking 'character', added three chillies



and left nearly banging into me.

I, following the directions my nose gave me, tasted the gyulas, found it lacking 'character', added three chillies



and left.

Twenty minutes later my mother called us for lunch and we sat down in anticipation of the 'up-graded' gyulas.

Father had his first bite, his head changed colour and boasted a kind of fire-brigade-red. He reached for his beer glass and emptied it in record time.

Günther tried to put up a brave face but the steam which came out of his ears gave him away.

I myself, based on the principle 'what does not kill you makes you stronger' finished my beer and that of my brother and then I reached for mother's beer.

But I was too late.

Father held her empty beer glass demanding refill, without being able to say a single word.

Mother, until then not having tried to eat but watching us with developing concern, took a tiny bite, changed colour and declared the gyulas non-edible and furiously demanded to know who had added at least ten chillies, somehow 'knowing' only I could have been the culprit.

It was confession time.

Reluctantly I admitted that I was in the kitchen having a look to see if there was enough beer in the fridge and accidentally passed the stove with the gyulas pot on it and since there were only three tiny little chillies lying very lonely on the kitchen table and being sure that mother forgot to add them to the gyulas, I rectified this omission stating that I only tried to make good what mother forgot.

Father and Günther made it sweet and short. They confirmed what I had said, trying to evade the fact that their 'act of improvement' was not substantially different from mine.

Here is my advice where it concerns Hungarian Gyulas:

don't worry about too many chillies but rather make sure you have enough ice cold beer in case one of your guests is not fit to delight in one or two humble little chillies.

Wine and any cold drink is definitely not an option even if one is prepared to have as an absolute bare minimum two barack or, in case you ran out of stock, two grappa after your delicious gyulas.

If you stick to my advice and stick to beer, I now will reveal the secret of cooking Hungarian Gyulas:

Hungarian Gyulas

2 kg beef silverside or beef roast

3 kg big onions

4 medium sized chillies [or if one is robust: simply double or triple the amount]

6 tablespoons paprika

salt, pepper, marjoram

150 g pork grease

1/2 litre beef bouillon

1 slice of brown bread (2 days old)

1 big uncooked potato (peeled and grated)

2 bottles of beer

Cut the beef in cubes (+/- 5 cm), cut onions into small pieces, and chop the chillies into very small pieces. Put pork grease in pot, heat up and add onion and fry until golden whilst continuously stirring and having the first bottle of beer, increase heat and add beef cubes and stir until beef cubes are evenly white, add paprika, mix thoroughly, add beef bouillon and reduce heat to simmer. Gyulas must never boil! Add salt, pepper, marjoram and the grated potato, mix again and place slice of rye bread on top, covering slightly with the sauce. Put a lid onto the pot, open the second bottle of beer and drink it like the first one. Keep the gyulas simmering for another hour, switch off the stove, let the gyulas cool down and put the pot (when cool enough) into the fridge overnight.

Gyulas only tastes good if it is warmed up. Make sure that it only simmers while warming up. Keep it simmering for 20 minutes and serve.

Serve with fresh rolls and cold beer.

