

## District Governors

Welcome to our Joint Rotary District Conference at Mystic Lake Conference Center. This is a special day to celebrate all we have accomplished this year as Gifts to the World. We'll have a chance to do a service project, learn more about Rotary, gain new perspectives in personal growth, make new friends and simply have fun. It has been over a year since the two of us were in San Diego together and said: "Let's do a Joint Conference." We are so excited to spend this time with you!

The planning team has done a fabulous job providing a diverse and motivational schedule of events. Hopefully you have pre-selected your breakouts, as there are so many to choose from. Please leave time to spend in the DONE IN A DAY Project area where you can cut, sew or pack Hygiene Kits to send with our Global Grants. Take a look at the wall of Rotarian "Gifts to the World" chosen by our clubs and visit the House of Friendship. Finally, celebrate our Youth Exchange students as they give us a flavor for the important work we do in Rotary.

We want to express our deepest appreciation to you for taking the time to attend the conference, and to celebrate with us all the good work we do in the world and our communities. We understand fully the demands on your time and talents and know that Rotary can and will change your life. You and your clubs have inspired us. It is our hope and wish for you to take home a bit more enthusiasm, a bit more motivation, and a bit more joy in your Rotary experience to continue the work of Rotary.

Enjoy the Day!

Yours in Rotary Service,

**Marlene and Tim**



**Marlene Gargulak**  
DG District 5960



**Tim Murphy**  
DG District 5950

### Thursday, May 12

**11:00 a.m.-5:00 p.m.** Golf Tournament to End Polio at "The Meadows at Mystic Lake"

**5:00 p.m.-8:00 p.m.** Welcome Reception with food stations, salad bar & cash bar.  
Meet, greet & network with other Rotarians.

### Friday, May 13

#### Friday Morning Session:

**7:00 a.m.-8:30 a.m.** Breakfast Buffet

**7:45 a.m.-8:00 a.m.** Welcome to Conference

**8:00 a.m.-9:00 a.m.** Ross Bernstein "The Champion's

Code:

**9:15 a.m.-10:15 a.m.** Breakout Sessions 1

**10:30 a.m.-11:30 a.m.** Breakout Sessions 2

**9:00 a.m.-4:00 p.m.** Hall of Friendship

**9:00 a.m.-6:30 p.m.** Photo booth during breaks & Happy Hour

#### Friday Afternoon Session:

**11:45 a.m.-1:15 p.m.** Lunch with Rotary Choir Performance

Chris Heeter "Pulling in the same direction: What sled dogs have to teach us about teamwork and leadership"

**1:30 p.m.-2:30 p.m.** Breakout Sessions 3

**2:45 p.m.-3:45 p.m.** Breakout Sessions 4

**4:00 p.m.-5:00 p.m.** Breakout Sessions 5 and Business Meetings 5950 & 5960

#### Friday Evening Event:

**5:00 p.m.-6:00 p.m.** Youth Exchange Country Fair

**5:00 p.m.-6:30 p.m.** Happy Hour: Appetizers & Cash Bar

Entertainment by the Twin Cities Jazz Cats

**6:30 p.m.-9:00 p.m.** Celebration Dinner

Youth Exchange Flag Presentation

Barbara Helena Nieviadonski: "Rotary Youth Exchange: A Life-Changing Experience"

Comedian Stevie Ray: "Celebrate the Gift of Laughter"

**iPad - Top 7 Tips****Mike Pahl**

Wahpekute Mdewakanton Room



Do you want to enhance the way you use your iPad? After teaching hundreds of iPad classes, we have hand picked our favorites for this session. Join Mike Pahl to learn how to define words quickly, make articles easier to read online, increase your typing speed, and much more! Bring iPad or iPad mini to session.

**Service Projects that Work****Philip Kaleewoun, II, Greg Bartz and Ed Marek**

Yanton Taton Santee Room



Assessing viable projects. What criteria have been shown to be effective? How fun? How high is the participation expected? What about partnering with other Rotary and community groups and the visibility of the project in your Community? Come take part in this moderated panel discussion.

**It's Magic... the Collision of Passion and Gifts!****Irene Kelly**

Wabasha II Room



This long time Rotarian and Leadership Coach Irene Kelly will offer you insights into her own journey, guide you to clarify your passion and declare your gifts through exercises to help you create the magic "collision of passion and gift(s)"!

**Social Media - Proven Strategies to Connect with People Online****Kirk Anderson**

Wabasha I Room



Which Social Media platforms have the most user engagement? What two things do you have to share to be engaged? Engage your audience and save two hours per day! Kirk Anderson's proven strategies to engage your audience, develop relationships and increase profits!

**Organize with Confidence****Elizabeth Hagen**

Wabasha II Room



Author and business coach Elizabeth Hagen's passion is seeing you have more courage to live your life fully, more focus on what is important, more momentum to catapult you toward your dreams, and to be more productive in everything you do.

**Engaging Nations Within for Global Good****Susie Brooks**

Shakopee Room



A constructive discussion led by Dr. Susie Brooks unraveling subtle biases affecting clubs. Maximize engagement with talented professionals who come from afar in search of the American dream. What keeps them out? Why do we need them? How do we engage them?

**Diamond Mapping to Achieve Work/Life Balance****John Channon**

Mahkato Room



Increase your productivity by mastering the art of balance. Too many people realize success in their careers only to wake up and discover they have paid an untenable price in their health and relationships. John Channon will show you how to assess your level of satisfaction in four life segments and create benchmarks to measure your progress. Create your Diamond Map!

**Service Project****Todd Bollig & Judy Johnson**

Little Crow I &amp; II Room



Join us to make and assemble feminine hygiene kits. These kits will be distributed by local Rotarians to parts of the world where girls do not currently have access to them. These kits help to keep girls in school.

No experience necessary. There are a variety of tasks to do, such as cutting, ironing, sewing as well as assembly of the 450 kits.



**iPhone - Top 7 Tips**  
**Mike Pahl**  
 Wahpekute Mdewakanton Room

Enhance the way you use your iPhone! After teaching hundreds of people how to use their iPhone, Mike Pahl handpicked his favorite tips! Block unwanted callers! Share your location with others! Increase battery life and so much more! Bring your iPhone!



**Selling Your Club while FUNding Your Projects**  
**Kyle Haugen & Jan Vanderwall**  
 Yanton Taton Santee Room

Every club needs to raise money to do the great work it does. Come hear from clubs that have made fundraising fun and successful, learn the key principles of good fundraisers, and share success stories that you've had. Join Kyle Haugen and Jan Vanderwall to explore good ideas, great ideas and even the hair-brained ideas that can raise money!



**Take a Health Break: Mind, Body Spirit!**  
**Terry Carlson and Cathy Quinlivan**  
 Wahpeton Sisseton Room

Healthy living is more than simple daily habits - it's a lifestyle where health is achieved through nurturing mind, body and spirit. Learn the value of health-wise decisions. Practice a stress-reducing meditation retreat! Learn creative ways to add movement to your work day and the health benefits behind them!



**Conflict Resolution—not so fast!**  
**Ann Frisch**  
 Wabasha I Room

Peacemaking: The process where people negotiate stopping the warfare. Examine stopping the violence, protecting civilians, providing safe space for decision making and the stage of dealing with the root causes of conflict and rebuilding communities

**Rotary Choir Practice**  
**Paul Batz**  
 Grand Ballroom

Welcome all singers! With the leadership of the Rotary Rooters from the Minneapolis City of Lakes Rotary Club and the singers from clubs across both districts, we hope to have the biggest Rotary Choir ever. During this practice, we'll get ready for our lunch performance of *Let There Be Peace on Earth*, *Sing a Song*, and back by popular demand, *Rainbow Connection* from 2015

**George Washington Action Hero!**  
**Steve Yoch**  
 Shakopee Room

Author of *Becoming George Washington*, the largely unknown story of how an insecure fatherless boy rises to become our indispensable founding father. Yoch's engaging speech reveals young George's harrowing battles in the French & Indian War as well as his highly controversial affair with Sally Fairfax.

**Wisconsin Charitable Raffles – The things you learn in an audit!**  
**Travis Karpowicz**  
 Mahkato Room

How can Wisconsin Charitable Gaming laws affect board members? What about my Duck Race? What's a Class A raffle vs. a Class B raffle? What happens if my club has to go through a Charitable Gaming Audit? Come hear from Rice Lake Rotary's Executive Treasurer.

**Service Project**  
**Todd Bollig & Judy Johnson**  
 Little Crow I & II Room

Prepare and assemble 450 feminine hygiene kits to keep girls in school through Days for Girls. Tasks include sewing flannel liners, waterproof shields and bags, turning fabric and ironing, tracing patterns on fabric, cutting fabric, stringing bags, and putting snaps on the shields.



**Tech Self Defense**  
**Mike Pahl**  
 Wahpekute Mdewakanton Room

Want to stay safe in the digital world? Join Mike Pahl to create strong passwords that are easy to remember, avoid online scams and learn what software you should have installed on your computer to protect it.

**Attraction & Engagement: Keys to Your Club's Membership Plan**  
**Mary Beth Growney Selene, Josh Sprague and Deb Severson**  
 Yanton Taton Santee Room

How are successful clubs growing and retaining their membership? Join Past Rotary International Director Mary Beth Growney Selene to explore realistic ideas with two of your fellow Rotarians. We all have the same issues and solving our membership problems is not difficult...it simply takes a plan of action.

**Inspiring, Connecting and Uniting for Pollinators**  
**Laurie Schneider**  
 Wahpeton Sisseton Room

It's no secret that pollinators are in trouble. Join Founder and Co-Executive Director of The Pollinator Friendly Alliance to learn why pollinators are in trouble and what we can do to help.

**Tips for a Powerful First Impression**  
**Diann Kirby**  
 Wabasha I Room

It takes just three to five seconds for someone to form a first impression of you. Make those seconds count! Learn how to make people's first impression of you a good one in this engaging and interactive session by Past District Governor Diann Kirby.

**Get FIT with REFIT!**  
**Kelly Babekuhl**  
 Wabasha II Room

Ever see Tim Murphy in a leotard? Could happen! If that doesn't keep you from dozing after lunch, this low to mid impact exercise experience will! Join Kelly Babekuhl for music and fun. Bring your tennis shoes! You can do this!

**How to turn this year into the best year of your life**  
**Wooj Byun**  
 Shakopee Room

What does Service-Above-Self mean to you? Do you feel the connection between service and your heart? You can turn this year into the best year of your life by adopting Service-Above-Self. Join dynamic Edina Rotarian Wooj Byun on his incredible Rotary journey and quest to return to Rotary all that Rotary has given to him."

**A Simple Approach to Alzheimers & Dementia Can Change Your Life**  
**John Hobday and Deborah Richman**  
 Mahkato Room

Learn the basics of Alzheimer's disease and dementia, the challenges family caregivers and community members face as their loved ones and friends experience cognitive decline. A simple approach that can change your entire relationship with the person with dementia. Includes group activities, practice sessions and "before and after" videos of this approach.

**Service Project**  
**Todd Bollig & Judy Johnson**  
 Little Crow I & II Room

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Technology



Rotary



Health / Wellness



Business



Life &amp; Variety



Personal Interest



Fun to Learn



Service

**Awesome Tech Gadgets & Websites**  
**Mike Pahl**  
 Wahpekute Mdewakanton Room



Ever lose your keys? Don't like the sound quality coming out of your tablet or smart phone speakers? Wish you could save even more money on online purchases? Join Mike Pahl to learn about cool tech gadgets and websites that will enhance the experience of the technology that you already own.

**How Do We Make Our Projects Last?**  
**Mary Beth Growney Selene**  
 Yanton Taton Santee Room



The goals of any of our projects should include sustainability. But how is sustainability defined? Join Past Rotary International Director Mary Beth Growney Selene to gain insight into designing projects that will last long after we are gone."

**Regional Trails- What are they, where do they go, and how can I explore them?**  
**Danny McCullough**  
 Wahpeton Sisseton Room



The Twin Cities are known as one of the best bicycling communities in America. This is due in large part to investments in bicycling infrastructure. Explore some of the most scenic routes of the Regional Trail system of Hennepin County and beyond with Danny McCullough of Three Rivers Park District.

**How good leaders work less, have more fun, and get better results**  
**Paul Batz**  
 Wabasha I Room



The only way is to work on your personal leadership – and learn cutting edge techniques for getting people to work together. In this session you will learn the secrets to positive team momentum, and how Blending The Seven Fs: faith, family, finances, fitness, friends, fun and future – will help you be the leader you want to be when you grow up.

**A Unique Brush with Art - Part I**  
**Jean Forbes and Jodi Karn**  
 Wabasha II Room

This is a two-hour back-to-back breakout session event. Pre-registration and \$35 material fee required at [www.brushstudio.net](http://www.brushstudio.net). A minimum of 24 pre-registered attendees are needed to have this breakout. Purchase your favorite beverage at the lobby bar. Meet in Wabasha II. An instructor will guide you as you paint a selected acrylic on canvas. No experience needed! Be amazed at the masterpiece you create! Painting to be done (to the right).

**Jelly Beans the Cheetah and Hope!**  
**Wendy Muhlhauser**  
 Shakopee Room

SissyMarySue is the pen name for Author Wendy Muhlhauser who has written the children's book "Jelly Beans the Cheetah and Hope". This story arose out of Wendy's experience with the Barabaig Tribe while on a Rotary trip. It's a story of peace, empathy, tolerance, perseverance, and compassionate action.

**Guatemalan Cooking with Pizzazz**  
**Amalia Moreno-Damgaard**  
 Mahkato Room

Savor Amalia's culinary story of Guatemalan history, culture, cooking techniques, buying tips and much more. Fun demonstrations and tasting of healthy gourmet cuisine representative of authentic Guatemalan cuisine followed by a signing of her nine-time-award-winning cookbook, Amalia's Guatemalan Kitchen.

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**District 5960 Business Meeting**  
**Marlene Gargulak**  
 Wahpekute Mdewakanton Room

This is an important meeting as we will be voting on changes to the By-laws, approving resolutions and endorsing future district leaders. Credentialing is available from 11:00-11:30 and 3:00-4:00 in the Dakota Hallway. Meeting agenda is posted on the Rotary5960.org website and available prior to the meeting.



**District 5950 Business Meeting**  
**Tim Murphy**  
 Wahpeton Sisseton Room

This is an important meeting as clubs will be voting on changes to the by-laws, approving resolutions and endorsing future district leaders. Club presidents or their designees are asked to present their delegate card as they enter the meeting. Meeting agenda is posted on the Rotary5950.org website and was sent to club presidents in late April.



**Your Club and Minnesota Gambling Law**  
**Tom Barrett**  
 Yanton Taton Santee Room

How embarrassing if your Club of community leaders was found in violation of Minnesota Gambling Law! Minnesota is the largest in the nation for charitable gambling. But do you know the laws pertaining to gambling when used as a fundraising tool? Tom Barrett, Executive Director of the Minnesota Gambling Control Board, might be able to help you.



**Lead the Kind of Meeting People WANT to Attend!**  
**Gayle Noakes**  
 Wabasha I Room

Meetings really can be a good use of time and accomplish things if designed and led well.

- Decide if you should have a meeting!
  - Set a meeting up for success
  - Conduct a meeting that accomplishes the intended results
- Long time trainer Gayle Noakes can show you how!

**A Unique Brush with Art - Part II**  
**Jean Forbes and Jodi Karn**  
 Wabasha II Room

Continuation of 2:45 session.

**Rotary and The Four Way Test Can Change Your Life...  
 It Actually Saved Mine!**  
**Greg Rye**  
 Shakopee Room

Depression, anxiety, alcohol abuse, anger and then Transformation! A "train wreck life" into one of SERVICE ABOVE SELF! Greg Rye's story of turning the Four Way Test into action! GUARANTEED to change YOUR life!

**Easiest Catch: Don't Be Another Fish In The Dark 'Net.**  
**Mark Lanterman**  
 Mahkato Room

The question is not IF your information is going to be accessed or stolen, but WHEN. Current developments in the digital underground as well as realistic advice for cyber protection. Join Mark Lanterman, Chief Technology Officer of Computer Forensic Services, as he discusses high profile cyber-crime events and Web Site breaches impacting retailers, banks, Hollywood and government agencies. How might you be affected by the Dark Web, phishing, cyber stalking, and wifi attacks?

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**Todd Bollig & Judy Johnson**  
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