**STOW FOOD PANTRY NEEDS**

Pasta, including egg noodles and shaped pasta

Tomato products (canned, paste, whole, crushed, spaghetti sauce, etc.)

Canned vegetables and fruits-fruit cocktail is popular

Lunchbox snacks

Stew, chili, and soups ("Hungry Man" type in particular)

“Name brand” cereal

Hot beverages (coffee, tea, cocoa, herbal teas)

Crackers, plain and flavored

Cooking oil

Laundry soap

Juice and juice boxes

Sugar-small bags

Personal care items (shampoo, soap, tooth care, feminine products, deodorant): large bottles, not travel sized

Canned chicken or canned hams