About The Author

Rosalys Peel born and raised in Nevada has been a respected voice in the childbirth education movement for over 40 years. She is a Registered Nurse, graduate of the University of Washington, certificated by Lamaze International and the Relationship Research Institute. She recently retired from teaching parent education classes at Swedish Medical Center in Seattle for over 30 years.

June 2011 her beloved husband of 45 years, Michael, died of Alzheimer’s. Three years later, Peel returned once again to face Alzheimer’s this time with journal notes and pen in hand. Over the next three years, she wrote the story of their life as husband wife who hoped beyond hope that they could continue to live together at home throughout the course of Mike’s illness.

There were many unknowns for Mike and Rosalys during their 9 ½ year journey with Alzheimer’s. *Mike & Me* is designed to be bridge that gap for couples who are now in that chapter of their life. Peel tenderly guides the reader with stories, journal notes, and insights as she shares what happened when and how they dealt with each unknown along the way.

Using her knowledge as a wife of a husband who died of Alzheimer’s and renowned educator who understands child development and couple relationships Peel steps forward to now be a new voice in the fight against Alzheimer’s.

Over the past year she has enjoyed speaking at Rotary Clubs in Poulsbo, Bellingham, Reno, Fairbanks and on Bainbridge.

Rosalys Peel resides on Bainbridge Island near her children and grandchildren and takes great pleasure in spending time with them and reaching out to those who now live with Alzheimer’s.