



Rotary Family Health Days 2 – 4 October 2019

RFHD - News Flash 2019 #1

Hello and warm greetings to all you Awesome future Club Presidents, future RFHD Champions for 2019 ... and Others !!

As we all prepare for the incoming year of our new leaders in the District who are charged with the RI theme of “Rotary Connects the World”, I am encouraged by the groundswell of interest and enthusiasm already evident in many of the Clubs in our District, that are ready to Connect their clubs to the ‘world in their own communities’ by means of the Rotary Family Health Days (RFHD) in your areas. Without that support, my job would be a different picture and I thank you all and look forward to a great event.

I am aware that the RFH Days were cancelled last year and that many of you may have never done this before and may be a little apprehensive, but rest reassured that I will be there for you all the way and available to answer questions and give guidance if needed – as will the other Rotarians who have done this many times !!

You just need to ask me 😊 My details are in the signature at the end of this letter

I am also well supported by RFHA CEO Sue Paget, PDG Lynette Stassen (RFHA Board Director for D9350) and PDG Geraldine Nicol (Co-ordinator of the District Community Pillar), so be reassured that we are open to discussion and will engage with you on all levels and help and advise you on all matters.

We have received the official ‘go ahead’ from Government, which means you can now communicate with the Departments of Health and City Health with the full confidence of their support. See attached document “**Letter of Authority**”

- Most Clubs have a good working relationship with their local Health professionals whom they have worked with over the years, and with the **RFH Days set for the 2-4 OCTOBER 2019**, you can now begin with discussions and planning with them.
- **Ask the professionals on the ground to help you to identify areas THEY feel need our attention**, and what venues may be available to use for your site.
Get these booked as soon as possible
We are looking at areas such as Mitchell’s Plain which we have never serviced before, so there is potential there – and maybe elsewhere.
- We also discussed previously the possibility of Rotary Clubs **identifying needs within the individual partner health clinics** and taking these on as potential Club projects that would extend far beyond the 3 days of the RFHD, so please bear that in mind as well as you discuss your collaboration with these people.
- I will be presenting the programme **Road Show to the various Provincial and City Health Department heads on Thursday 20th June** and will give you feedback.
** If anyone would be interested in attending this presentation, I would value your support. Please let me know.

Now, what I would like to ask EACH CLUB is to respond to me as soon as possible before end MAY with :-

1. **Feedback as to your Club’s commitment to run a RFHD**
OR – if you are prepared to assist another Club at their site. This is a great idea for smaller Clubs to still get involved
OR – whatever your status is. ANY response is better than none ! 😊

2. **Name of your Club's RFHD Champion** and names of any **other on the committee**
PLUS: Email address/ land line number at work/home/ Cell number
Communication costs can get quite expensive so we do try to use WhatsApp messaging or email where possible
3. Confirmation that the dates of the training have been put into your Club calendars so that AT LEAST one member from each Club will attend the training. Even if you have been before, your experiences can be shared to assist those who are less experienced, which is a great asset.

INFORMATION SHARING and TRAINING DATES

Please diarise these dates so that you can attend these all important group discussions.

Attendance at both days is crucial – PLEASE make an effort for at least ONE member of your committee to attend, but preferably MORE.

1. **In Cape Town Central Clubs** - Venue INTAKA ISLAND, 2 Park Lane, Century City. (021 552 6889) (Directions attached)

Note the 9:30 start time is to allow the Park Run cars to vacate the parking area outside the venue so we can find parking.

❖ **Saturday 13 JULY 2019 - 9:30 am – 13:00** = Training, Group sharing of ideas and updates on Policy / Support etc.

❖ **Saturday 28 SEPTEMBER 2019 - 9:30am – 12:30** = Monitoring & Evaluation (M&E) Training on how to input your site figures from the Registration and Services Books.
PLUS you will be able to collect of your various printing and other items for the RFHD and receive a final briefing on the organisational details.

2. **In Swellendam: For the outlying Clubs – Bringing it closer to you!! - ONE DAY ONLY – Saturday 14 SEPTEMBER – 10am to 3pm**

You are also invited to attend the first training day on the 13 July if you can

More details on this to follow - Julie and Robert Kydd from RC Helderberg Sunrise will liaise with these Clubs regarding the delivery of goods to your area. Speak to them closer the time.

Please contact me should you have any concerns or questions

Warmest Regards,

BEV FRIESLICH
Steering Committee Head
D 9350 – Rotary Family Health Days

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