



POETS 2020 - 2021

Rotary Family Health Days (RFHD)

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What is RFHA Inc and RFHA SA?

RFHA is an action group of Rotary International. **Rotarian Action Groups** provide assistance and support to Rotary clubs in planning and implementing community development and humanitarian service projects.

Rotary Action Group is recognised by Rotary International ... the members are Rotarians from across the globe

Interesting fact: there are currently only 18 RAGs – and we all know that RI has more than 1.2 million Rotarians who belong to more than 31,000 Rotary clubs located in 167 countries.

RFHA INC: It is an independent NGO governed by **13** Board members based internationally, and engaged with country teams within **8 African countries, Bangladesh and India**

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Objective?

To facilitate projects aimed at the improvement of family health and the prevention of HIV and AIDS.

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One project – 3 Districts working together

RFHA SA: It is an independent NGO governed by **4 Board members** currently from the 3 Rotary Districts of South Africa. A Programme Director oversees the annual signature RFHD programme across our Districts.

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Rotary's 6 areas of focus

The 2 areas of the 6 areas of focus are

1. Disease prevention
2. Maternal and Child Health

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Benefits of RFHA:

The figures speak for themselves – the return in support gave new hope to over 2,5m people so far.

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Why are we needed

The value of Rotary clubs and their service above self cannot be overstated. And the process that RFHD follow to make inroads in screening and testing, might in future be used for the detection and treatment of Covid-19 as well.

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Partner with NDoH

RFHA and NDoH has an excellent relationship. RFHD form part of their yearly health calendar. And now RFHA also partnered with NdoH to formulate a response to the dreaded Covid-19

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Back to the RFHD program

Our **signature program** is Rotary Family Health Days, a unique public/private partnership program that is currently in its eighth year of operation.

This three-day, integrated annual program provides FREE holistic, comprehensive, preventative health programs (both for communicable and non-communicable diseases.)

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South Africa results – because of Rotary clubs in South Africa

Look at what was achieved in 2019 in South Africa ... what can we envision for 2021?

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2021 is the Africa Centennial of Rotary

In celebration of 100 years of Rotary presence on the African Continent in 2021 What about a target of 120 RCs from all three districts hosting RFHDs at 100 sites with 1000 people served at each site .

We could potentially reach 120,000 people. What are the barriers? What is stopping us?

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Steering Committee Heads

Will it not be wonderful if all clubs can work together and take part in RFHD? Now taking place in February 2021. And with our D9350 Steering Head PP Bev Frieslich running our RFHD – our RFHD's is run like an incredible effective machine.

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Nelson Mandela

At this time of COVID19, we have all come to realise the importance of prevention of disease and our need to educate ourselves in this regard.

The principle that the COVID19 pandemic have so acutely presented to us as a country and as humanity, is that we all need to take prevention of disease seriously because an

unhealthy nation is an unproductive nation, which has no economic future.

As Rotary, we can make a difference if we **ENTER THE ARENA.**