## Hands in the Ground

## at Wellpoint Care Network

Tuesday, June 13, 2023 4-6 p.m.

CULTIVATING OUR COMMUNITY GARDEN



Join **Wellpoint Care Network** for this public event to learn about our Community Garden, located on the grounds of our Capitol Drive campus. Meet your neighbors, learn about our future plans for the garden and even start planting your first crops.

Turns out the ground can be grounding. Studies have shown gardening can lower stress and anxiety. Enjoy those benefits — and the delicious results — by reserving a plot for your family today by emailing us at **gardening@wellpointcare.org**.



8901 W. Capitol Drive, Milwaukee, WI 53222

Find us online @WellpointCare















◀ Interested in volunteering? SCAN QR

