



# Living with suicide



Has your life been affected by suicide in some way?  
Wondering how to deal with it?  
Not sure how or even if, you should talk about it?

**This night aims to provide some answers to these questions through listening to lived experiences from a**

- General Practitioner
- Counsellor
- Carer of a Suicidal person
- Peer support
- Lived experience
- Life for a loved one after a suicide

*and*

Talking about the lessons to be learned from these

*and*

Finding out about the resources available to help from Jim Goodin President Mental Health Foundation and local service providers

**The Rotary Club of Knox** invites you to join us on

**Wednesday**  
**October 10, 2018**

6.45 for a 7p.m. start

**Knox Civic Centre**

511 Burwood Highway  
Wantirna South

Suicide touches individuals, families and community groups so all are welcome to join us.

A daunting topic but we aim to support not sadden

**Rotary**  
Club of Knox



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