

headspace Geelong Business Charity Luncheon

18TH MAY 2018 at the GMHBA Stadium, Presidents Room

The Rotary Club of Belmont and our Community Partners (Geelong Football Club, Bendigo Business Bank, Morris Finance and BCYF) are seeking your support to "make a difference" to the health and wellbeing of the young people of Geelong (12-25 years old).

Our 2017 function, thanks to the enormous community support, raised \$63K which went directly to Headspace Geelong and our "Social Inclusion Project 2018" – essentially a Community Connection and Mentoring Project. The 2018 function is again focussed on raising significant funds so that this important project may continue into 2019.

Headspace Geelong is the busiest centre across Australia and delivered 11,428 occasions of service to some 4,000 active clients and unfortunately the demands for help far exceed the resources. We chose the Social Inclusion Project as:

- Current core funding does not allow assertive follow up of disengaged young people;
- It targets the disengaged = not engaged in school or study;
- High risk of suicide leading cause of death in the age group and 3 recent suicides of males within our region;
- There is a high risk of poor outcomes without intervention;
- Creates a positive environment and experiences with a positive role

model for young people that may not have that opportunity in their life;

- A reduction in social isolation and psychological distress levels;
- Increase in social connectedness to community and positive experiences;
- Increase communication skills and confidence.

It has been recognised that within the Geelong community an increasing number of referrals of young people who are disengaged from education, training and social settings is occurring. Some of these young people also suffer from severe anxiety, preventing them from leaving their homes and participating in healthy relationships/ activities.

Your support and involvement in this important function will go a long way towards its success. We plan to make the function reflective of the serious issues but a balance of entertaining speakers and a focus on having a good time for all.

Your support in terms of attendance or donations/gifts/experiences will go a long way to improving the mental health and wellbeing of many of our disengaged younger members of our community. Further details and ticket order form are attached.

COMMUNITY PARTNERS













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GUEST SPEAKERS



Nick Bracks

Nick is a mental health advocate, social entrepreneur and, more recently, actor. As the son of former Victorian Premier Steve, it took the best part of his 20s to emerge from his father's charismatic shadow and create his own niche.

In 2016 he launched Happy Waves – a meditation and mindfulness lifestyle app, the product of years dedicated to raising mental health awareness – of which he is most proud.



John (Dr Turf) Rothfield

As a leading sports analyst on TVN and SEN 1116, John 'Dr Turf' Rothfield is one of Australia's most wellknown racing experts.

MC

Tom King (K rock)

DATE

18th May 2018

VENUE

Presidents Room, GMHBA Stadium

TIME

11:45am- 3.30pm

TICKETS

\$1,400 table of 10 or \$140 each

FUNDS RAISED VIA

Live and Silent Auction, Raffle

LIVE ENTERTAINMENT

Andy Pobjoy (International entertainer & owner "Blue Note" wine bar Geelong)

TO ORDER TICKETS

Please complete and return attached order form.

We look forward to seeing you there and helping the Rotary Club of Belmont and its Community Partners "make a difference" to the young people in the Geelong region.













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Tickets

No. of Tables		@ \$1,400 each	TOTAL =	\$		
No. of Tickets		@ \$140 each	TOTAL =	\$		
Business Name:						
Contact Name: Phone Number:						
Email Address						

Payment Options

1. Visa / Mastercard	2. Direct Debit
Name on Card:	Account Name: Rotary Club of Belmont Inc
••••••	Headspace account
Card Number:	BSB: 633-000
•••••	Account Number:
Expiry: /	159762673
Name & Authorising Signature:	

3. Cheque

Please make payable to "Rotary Club of Belmont Inc Headspace Account". Please return transfer form and cheques to: Rotary / Headspace Committee - Attention: David Yelland PO Box 43 Belmont, VIC 3216 Email: dyelland@optusnet.com.au

Office use only: Table Number

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