

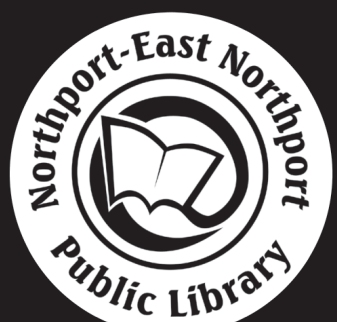


# Youth Mental Health First Aid

**East Northport Public Library**  
**Wednesday, November 1 & 8**  
**5:00-8:30 p.m.**

Youth Mental Health First Aid teaches parents/guardians and adults who work with youth (ages 12-18) how to identify, understand, and respond to signs of mental illness and substance use disorders. Facilitated by CN Guidance & Counseling Services, this two-session training is designed to give you the skills to reach out and provide initial support to adolescents who may be developing a mental health related crisis, and help connect them to the appropriate care. You must attend both sessions. **NENR528**

*This program is co-sponsored with Northport-East Northport Community Drug and Alcohol Task Force.*



151 Laurel Avenue, Northport, NY 11768 • 631-261-6930  
185 Larkfield Road, East Northport, NY 11731 • 631-261-2313

[www.nenpl.org](http://www.nenpl.org)



KH 9/2023